



HAPPY, HEALTHY AND SAFE NEW YEAR!

JANUARY 2022

# Yorkie Yapper

GOLD COAST YORKSHIRE TERRIER CLUB OF SOUTH FLORIDA INC.

## THIS ISSUE

MAKE LIKE A DOG!

MEMBERS, MEETINGS

CAPTION CONTEST

SINK YOUR TEETH  
INTO.....

PRESIDENT'S  
MESSAGE

## DOG IS MY THERAPIST!

As we continue to navigate through these "very interesting times", we hope everyone is enjoying the best holidays, possible. The dogs surely do. It's a good time to emulate our dogs' attitude of ***enjoying the present moment.***

Worrying about things we can not change or what might happen can only make us more stressed out. Take a deep breath, enjoy our beautiful weather and get out for a long walk with your dog(s)!

Save  
THE  
Date  
Feb 19 - Yorkie Hour  
details inside



# YORKIE HOUR

**SATURDAY 19 FEB 2022**  
**1PM - 3PM**

## LAZY DOG

**561 489 5607**  
**9636 GLADES RD**  
**BOCA RATON, FL 33434**

*east of 441, west of Lyons  
on the south side of Glades*

You and your well-behaved leashed\* (or strollered) yorkie are invited to GCYTC's first in person meeting of 2022.

We will be on the outside on Lazy Dog's patio. Order separately from their extensive menu. Photo opps, prizes and surprises.

*RSVP by Feb 17 to Tina via  
[tvalant@aol.com](mailto:tvalant@aol.com) 561 945 6363*

*\*no flexi or retractables, please*



*Submit your idea for a funny caption  
by January 22 to [tvalant@aol.com](mailto:tvalant@aol.com)*

### UPCOMING BIRTHDAYS

FEBRUARY 4  
JEFF GANSKY

FEBRUARY 17  
CAROL DELLAPENNA

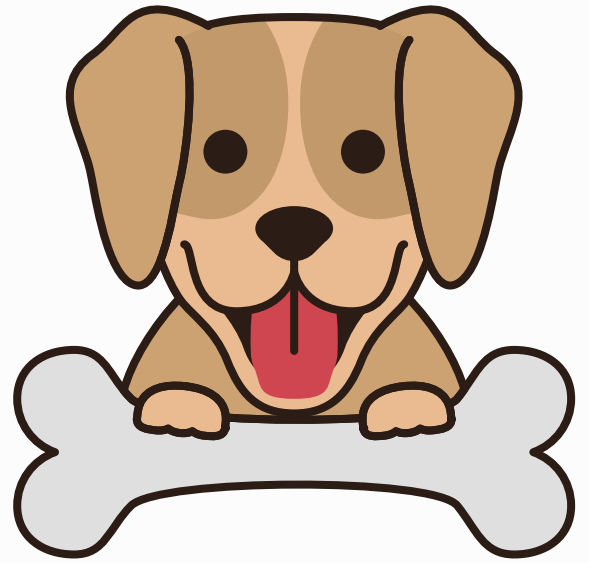
**GoldCoastYorkieClub.org**



# ***Something to Sink Their Teeth Into***

*by: Tina K Valant*

For years, we were cautioned to NEVER give dogs “people” food, (probably by the pet food industry). Maybe you found yourself in a pinch and ran out of dog food? Or, you want to give your dog something different? Some tasty, healthy ideas:



- Apple - chocked with phytonutrients, vitamins A and C, raw apples can be given with the skin on. Avoid feeding seeds or core.
- Blueberries & strawberries - along with beneficial fiber and phytochemicals, berries are high in antioxidants, and offer sweetness.
- Eggs - hard-boiled, over-easy, scrambled or even raw with the shell provides biotin, protein, riboflavin and selenium.
- Green beans - if your dog needs to lose weight, green beans are low in calories, and high in fiber. Fresh (lightly steamed) is best. Canned has salt and preservatives.
- Carrots - my dogs love raw baby carrots & dippers. Their easy size and sweetness conceals vitamin A and fiber. Carrots are also a great way to tend to your dog's teeth. Not too many, high in natural sugar.



More people food for dogs, in upcoming issue(s) !

What kind  
of dog can  
unlock  
doors?





## Holiday Luncheon 2021

On behalf of the club, we hope this finds you, your families and yorkies faring well. While 2020 was a blur for most of us, 2021 rolled by. We hold high hopes for 2022.

The July 2021 show was short, sweet and enjoyed by all. A Specialty Show is planned for July 16 2022. Mark your calendar, and stay tuned for how you can participate.

I am pleased to announce/welcome new club members: Pat & Anthony Caruso, Jeffery Frank, Rita Glasel, her sister Caren, and Tina VaLant.

Our Christmas luncheon added another great memory. Lunch and service at GiGi's was excellent. Everyone was well-behaved---no stealing during a fun grab-bag gift exchange. Thanks to everyone there, for the holiday cheer. We missed those who were unable to attend, and hope to see you February 19, at Lazy Dog.

*Yippppy New Year!*

*Sherill Freeman*

*GYTC President*

Long time friends, moms to one yorkie each, and new GYTC members Patricia "Pat" Caruso (back row, second from left) and Tina VaLant (back row far right end) are now handling this newsletter.

Please contact us with your ideas, submissions, suggestions, etc.

Pat pvcgigi@aol.com

Tina tvalant@aol.com

